I have written a new book “Build a happy family, or have sex alone”. It is ready in electronic form for now. The contract with the publisher has been signed, and the book should be published in paper form within six months.

The book examines in detail why the vast majority of marriages in our country break up, and mostly at the initiative of women. The reason is the very dramatic change in women’s lifestyles over the last century. Medicine has discovered ways and means to avoid pregnancy with any sex, and women have started having far fewer children. And the standard of living has risen very much, and wives have lost their dependence on their husbands – they can support one or two children themselves. As a result, the dependence of wives on husbands went away, and if the husband does not meet the expectations of the wife, she easily destroys the family.

At the same time women began to create families for love, assuming that a man who is good in love will be a good husband.
This is a mistake. Strong love turns off a woman’s ability to evaluate the prospects of life with the man she loves, so a year or two after marriage she finds out that she has fallen

in love with the wrong man who meets her very important expectations. She tries to change her man, he is not ready for it, conflicts begin. When the amount of mutual dissatisfaction exceeds a certain norm, the family breaks up.
None of the family members is ready to change something in themselves, everyone is trying to change their partner – this is the reason why families break up. In reality, you need to change yourself, not your partner.
The book gives recommendations on what changes should be made in yourself at least wife to keep happy relationships in the family. 🙂